

Spiritual Development in PSHE

Spiritual development is about supporting the children to be able to develop the language to talk about life: its great times, its difficult times and times that are happening right now. To help these discussions, we have introduced to the children the language of 'wows' (the great times), 'ows' (the difficult times) and 'nows' (the times that are happening right now).

Spiritual development is promoted throughout the teaching and learning of PSHE at Holy Trinity Primary School. In PSHE, we give the children opportunities to:

- develop creativity and the chance to explore, express, share and compare feelings and opinions with others.
- understand the importance of relationships and how to communicate and relate with each other effectively.
- explore feelings and attitudes in a range of situations
- express awe and wonder, appreciate beauty in all its forms, and appreciate the connections and unity in the world by learning how their choices can make a difference to the environment and the rights and responsibilities they have in order to play a key role in making the World a better place.
- encourage the children to understand how to treat people with respect and when to say sorry, which is an important process that allows them to heal and grow from their experiences.
- encourage everyone to show kindness, care and compassion, and to understand how to communicate effectively.

Opportunities to explore Wows and Ows in PSHE could include:

	Wows	Ows
All subjects	<ul style="list-style-type: none"> • Celebration of success • Learning from a mistake 	<ul style="list-style-type: none"> • Disappointments / failures and mistakes • Struggling – finding something hard
PSHE	<ul style="list-style-type: none"> • Sharing similar experiences • Being able to discuss different opinions in a positive way - respecting differences • Relating to one another • Creating and contributing to a safe environment • Sharing ways to help others 	<ul style="list-style-type: none"> • Discussing uncomfortable topics • Navigating different opinions • Disagreeing with each other