

# Winmarleigh Hall



# Why do we go?

- PGL is about getting to know themselves and each other better and learning to work together in different ways.
- PGL is definitely about setting challenges and overcoming fears/hurdles.
- The children learn how to live and fend for themselves whilst being away.
- It helps them develop some independence, whilst encouraging them to think about the journey ahead as they will be moving on to secondary school.
- PGL is about making fantastic memories – it is an experience that they will never forget.
- PGL is about having fun!



# Where is PGL?



- It is an activity centre near Preston, which is about an hour away.
- It is built around the original main house, Winmarleigh Hall, which was formerly a spectacular traditional Victorian estate.
- Set in 50 acres of gardens, parkland and woodland, the building retains many original features.
- The centre is small enough to have a homely feel, but large enough to explore and experience a range of fantastic activities!

## *When do we go to PGL?*



- PGL will be taking place from Monday, November 10<sup>th</sup> to Wednesday, November 12<sup>th</sup>
- We will leave school at 10.30 am on the Monday, 10<sup>th</sup> and return to school at 3:00 on Wednesday, 12<sup>th</sup>
- We go for 2 nights and 3 days
- If your child normally brings a packed lunch they will need to do so for the Monday, all other meals are provided
- If your child normally has a school dinner a packed lunch will be provided for them

# What activities will we do?

- Zipwire
- Archery
- Giant Swing
- Orienteering
- Survivor
- Trapeze
- Climbing
- Campfire



# What activities will we do?



- A qualified PGL instructor will lead each activity
- A member of staff from school will be present alongside the instructor

# What are the activities like?

- The children will be excited by some activities and possibly nervous towards others
- If your child does not want to do an activity... that's not a problem!
- We will encourage you to have a go but just do what you're comfortable with
- Watching children overcome fears and seeing their self-belief and esteem develop is a wonderful experience on the trip



# What is the food like?

- On your first afternoon you will bring a packed lunch.
- After that, we eat all our meals in a cafeteria.
- The food is delicious and children get a choice.
- But I'm.... Vegetarian, Vegan, allergic to... can only eat Halal...
- The kitchen staff at PGL have dealt with all of these before and more.
- Meals are planned in advance to take dietary requirements in to account.
- You are also asked to fill in a medical form about your child before attending PGL.
- This information is shared with PGL staff and the kitchen staff so that allergies can be catered for.



# What are the bedrooms like?

- Bedrooms are split with girls and boys only rooms.
- Holy Trinity Staff are located close by in their rooms
- Bedrooms can fit between 5-8 children.
- All bedrooms have an ensuite bathroom
- Bunk beds have comfy mattresses; children need to bring their own pillow. School will be purchasing and providing a sleeping bag for each child.
- Lights out between 9 and 10 as we are up early the following day (often 6:45am).



## Night time at PGL

- There is always an on-call PGL member of staff, who ensures the building is secure and mans the premises at night.
- Holy trinity staff will be available through the night if needed.
- If your child is unwell or worried they can come speak to any member of staff.
- Staff's bedrooms are well sign posted, so that all children know where we are sleeping.



## *What your children will need to pack?*

- Old clothes – they will get dirty, maybe ripped, and possibly lost!
- Two pairs of shoes – one pair may get very wet and muddy and the other pair is only allowed to be worn in the house.
- A waterproof coat and a jacket and a jumper (a few)!
- It might rain, rain and rain again. It might be chilly. It might be gloriously sunny and warm.
- We need to be prepared for any eventuality!
- Your child needs a black bin bag to put in any dirty or wet clothing.
- A suggested clothing list will be sent home.
- We ask that mobile phones are not brought – safeguarding around pictures in bedrooms etc...